

## **British Orienteering Coaching CPD Steering Group**

**Minutes of the meeting held on Saturday 10<sup>th</sup> May 2014 at Carrs Lane Centre, Birmingham**

**Present: Lynne Walker Chairman (SOA), Hilary Palmer (EMOA), Helen Baxter (NIOA), Mick Garratt (NEOA), Jon Carberry (NWOA), Don McKerrow (SEOA), Dave Rogers (SCOA), Christine Vince (SWOA), Helena Burrows (WOA), Mike Hamilton (CEO)**

1. Introductions were made and LW welcomed everyone to the meeting
2. Apologies were received from: Nev Myers (YHOA), Allan Bogle (NIOA) and Caroline Louth (EAOA)
3. Regional reports were circulated prior to the meeting and are attached.
4. Alterations were made to the Association Coaching Representative (ACR) descriptor (attached). There was agreement that Regional Associations should take a pro-active role in the training and continuing personal development of all volunteer officials and coaches and the role of the ACR is to support their Association in this remit. It was felt that the Board of British Orienteering has a responsibility to remind and support Regional Associations in this.

**Action: The Board**

5. Terms of Reference for the Coaching CPD Steering Group to be completed.

**Action: MH**

6. HP reported on the National Steering Group for Coaching meeting (Nov. 2013) and the CPD Group agreed that it is very important:

- to make coach training more flexible and accessible in terms of time and cost
- that names of coaches wishing to train at L2 should be passed on so that appropriate training can be arranged
- that workshops are arranged for coaches locally (regional / across regions / club clusters) and are advertised so that coaches can see their relevance e.g. linking the workshops to coaches so as to encourage them to work towards the next level

**Actions: ACRs will send HP names for L2 training**

**Article for Focus explaining L2 coach training possibilities HP**

7. Discussions produced many ideas for regional CPD workshops; the ACRs took these away and agreed that they would work together to put on suitable sessions.

**Action: All ACRs and HP to coordinate programme and publicity**

It was agreed that a biennial national coaching conference should be held and Christine Vince offered to coordinate the planning for a conference early in 2015

**Action: CV and all ACRs to assist with ideas**

8. There was much discussion on the coach licence and related CPD logs. Many issues were raised but there was agreement that British Orienteering needs to maintain a list of active coaches and that

for active coaches to be 'licensed' so as to be able to benefit from the British Orienteering Professional Indemnity Insurance coaches have a legal 'duty of care' to maintain their 'currency'. This can be demonstrated through keeping a log of coaching activity and what is undertaken to develop coaching knowledge and understanding. It was accepted by the meeting that there are various difficulties with the administration of the current CPD log system and continuing discussion via email needs to take place amongst the group over the next few months with a view to reaching agreement later this year.

**Action: ACRs to notify the office of date of inspection of logs. This date to be used on the database**

**Action: LW to coordinate email discussions to ensure that agreement is reached and administrative procedures can be developed which are clear for coaches, ACRs and the office**

9. MH explained the Coaching Needs Workgroup had tasked him to survey coaches so as to determine their needs. This will be sent to coaches in the next month.

**Action: MH**

10. Mick Garratt offered to produce a Coaching Newsletter in the Autumn 2014

**Action: MG and all for contributions**

11. It was agreed that a possible date for a future meeting could be during a national coaching conference

## Appendix A: ACR Role Descriptor May 2014

### Association Coaching Representative (ACR)

#### Roles and Responsibilities

The Association Coaching Representative is one of a group of volunteers who support the development of orienteering within their association.

The main areas of responsibility of the ACR cover:

- Develop effective communication links for the purposes of continuing personal development (CPD) with:
  - Club Coaching Organisers where they exist.
  - Coaches who are members of the association.
  - The Association general committee.
- Work with the Association in developing their coaching workforce through club links to:
  - identify where gaps exist which affect participant pathways and target coach education opportunities accordingly.
  - provide input into the scheduling of coach education & training
  - support coaches to maintain their licence to coach by ratifying their CPD log when required and providing appropriate feedback on their log.
  - ensure coaches in the association have CPD opportunities, advice and information.
- Together with members of the NSGC (National Source Group for Coaching), the coaching CPD group has the responsibility to assess & moderate the CPD programme & licence to coach scheme
- Report to the association committee on coaching related matters.
- Any other activities or business as is reasonably requested by the association in support of the general development of Coaching within the association.

12<sup>th</sup> May 2014

## Appendix B: Association reports

### **East Midlands Coaching Co-ordinator Report May 2014**

**Club coaching:** This is taking place at all 4 clubs through club evening sessions and in some cases before taking part in a low key event. Regular club nights are held weekly by LEI (2 venues), NOC, 2 venues and DVO (1 venue)

**UKCCL2 coach course:** I tutored a pilot 'mentored' L2 course in July / August 2013 for 1 EM and 2 WM L1 coaches who have tried to book on 2 previous courses which had been cancelled. It had reduced 'face to face' training (1 day all practical to introduce the linked sessions planning ideas) with support by email/phone for the Internal tasks and a further ¾ day for the internal assessments. This worked well and the coaches are now almost at the point of being ready for their final assessments.

I tutored another similar course in December 13 / January 14 – this time for 8 coaches from as far away as Devon, Lincs, South Yorks, Lancashire and 4 EM coaches. Pat Mee watched and reported at the training day as Internal Verifier. 1 local coach is now ready for the final assessment having done the 6 linked sessions over 3 months at a local club night.

**EMOA Volunteer Training Day:** I lead 2 coaching update workshops at a well-attended EMOA Training day (courses were also held on event safety, organising, planning, controlling and mapping). There were 6 attendees at each; 3 people did both sessions.

Mentoring: I wrote and trialed a 2.5 hour generic workshop on mentoring which was well received and included some non-coaches who were interested in the topic for mentoring planners/organisers etc. I can make the material available to other tutors and it has been passed to BOF office for filing.

Coaching linked sessions: the afternoon workshop was 3 hours (4 would have been better). Coaches worked in 2 groups to plan and deliver the main content for 3 linked sessions on different techniques. Attendees were coaches who had not done the UKCCL2 training. 2 of the coaches have now registered for a wholly mentored L2 Coach training with me as a volunteer tutor/mentor/assessor. We have had 2 short meetings after events on questioning and session planning and I am recording the time spent as a comparison with a 'normal course'.

**CPD logs:** I have received no EM coach logs this year which was not unexpected (7 logs in 2013, 9 in 2012 – all from the most active coaches in the region). I have received 2 logs from WM coaches as there is no WM coaching rep.

*Hilary Palmer, EMOA Coaching Coordinator*

## NEOA Coaching Report 2013/14

### Coach Numbers

The numbers of active coaches (of varying degrees of activity) in the North East are as follows: This represents an increase in the qualifications which is entirely due to a UKCC1 coach education course offset by some coaches wishing to be considered no longer active. There is a decrease in the number of licensed coaches due to first aid having lapsed.

I would point out that, even for just 30 coaches, it is not easy to retrieve this summary information from the BOF qualifications database.

### CPD

There have been no CPD submissions this year. This is due to all of the most active coaches taking advantage of earlier submissions.

However while summarising the number of active coaches it is apparent that several coaches who have yet to submit any CPD still have current licences so it is perhaps not apparent yet.

Two very active coaches have said they have no intention of submitting CPD but intend to continue to coach as normal. Apart from the Professional Indemnity insurance I personally fail to see any benefit whatsoever from the CPD/licensing procedure. Using hypothetical examples where PI insurance might be needed is not very convincing.

This is a general concern about the viability of NEOA as a whole in that the region is simply too small. This limits the resources available for CPD events and coaching opportunities.

### Coach Education

One UKCC1 course has been held in the region resulting in seven new coaches for the region.

	Qualified	Licensed
<b>BOF4</b>	2	2
<b>BOF3/UKCC2</b>	8	6
<b>BOF2/UKCC1</b>	16	5
<b>BOF1</b>	1	1
<b>COLA</b>	3	-

### Club Coaching

Club Nights are continuing in all the North East clubs with their usual extreme range of abilities. There is good spirit amongst regular participants but attendance is generally very poor.

There is concern over the lack of commitment to coaching both from club committees, from the membership and from BOF. Advertise coaching and the response is very poor but call it an event and everyone turns up.

### Schools

Schools orienteering continues to be well developed particularly in the south of the region but it has been observed that this leads to no follow on to club membership and/or participation.

### RunChallenge/Xplorer

Comments I've heard is that these initiatives were organised without engaging the majority of the club resulting in poor organisation and planning and a poor response. There was no coaching involvement. Opinion is that we missed a trick.

## NEJS

NEJS continues to be active but it's the same few coaches involved every year. Many are growing tired. Requests for other coach involvement have met with limited success. With only a dozen or so athletes NEJS struggle to find teams for the JIRCS relays.

*Mick Garratt, NEOA  
2<sup>nd</sup> May 2014*

# **NI Orienteering Coaching Report 2013/14**

## **Licensed Coaches**

4 coaches went through UKCC Level 2 training and are in the process of finishing their qualification.

We held a UKCC Level 1 course in the autumn with 4 coaches taking part.

## **Teaching Orienteering Courses**

There have been several well attended TOP1 courses run for school teachers and community groups. There has been 2 TOPs 2 courses.

## **Coaching Logs**

**2014-** 7 CPD logs submitted and checked

## **Clubs**

### **NWOC**

- Fred Corscadden has been keeping busy in his retirement and has been working closely with 4 primary schools. He has taken an introductory taster session (2 hours) in each school followed by an event in the school grounds.
- NWOC's summer Thursday night series continued last year attracting between 15-20 participants. The club made use of novice planners to help increase the pool of individuals in the club that are capable of planning an event or training. To teach the planners the skills needed the club held a well-attended planning workshop.

### **LVO**

- Alan Elwood has established a very well supported Junior Development Squad within the club with the help of several other club members. The development squad meet up to 8 times a year for specific coaching days and also after the majority of events held in NI where juniors can try different cone exercises etc.
- Throughout the year LVO have continued with their Wednesday evening events. WEES (Wednesday Evening Events), WESTs (Wednesday Evening Skills Training) and WENTs (Wednesday Evening Night Training). These take place mostly in Belfast's city parks and forests to help attract newcomers to the sport. These events can attract well over 100 competitors.

### **FERMO**

- With the help of Robbie Bryson FERMO ran an introduction to orienteering following a trail race, this had 6 participants.
- During the winter FERMO held a series of well attended indoor sessions open to newcomers and beginners.
- During the summer Teresa Finlay organised 4 one to one sessions with Eihblin Largey to help improve her key orienteering skills.
- Throughout the year FERMO have continued their Wednesday night training which consists of a mix of technical and physical training.

## **QUOC**

- The Queen's University club got a new lease of life this year and a regular group of athletes have started to train together. This has been driven by one of the students Eihblin Largey and has been very well supported by LVO. Throughout the winter there were several introductory coaching sessions held in Belfast and also a coaching weekend on the North Coast organised by Allan Bogle. Trinity College Dublin was also invited to this weekend and the two clubs have established good links. Several of the QUOC travelled across to Scotland for the Edinburgh Uni. Big Weekend.

## **Performance**

- Allan Bogle takes running training every Thursday evening in Portglenone forest.
- NI juniors travel to all the training days and weekends run by the Irish Junior Orienteering Squad.
- NI seniors (and some juniors) travel to the Irish Senior Orienteering Squad training events.
- Several athletes have gone through fitness testing at the University of Ulster.
- There was an NI Junior Squad weekend in the North West at the end of June.
- 2 NI Juniors represented Ireland in JWOC (Jack Millar & Aine McCann). 2 NI Juniors represented Ireland in EYOC (Peter Meehan & Paul Pruzina).
- Long Distance training held on Cave Hill in January.
- 3 NI Seniors represented Ireland in WOC (Rosalind Hussey, Susan Lambe & Olivia Baxter).
- There was as Core Strength workshop in the University of Ulster.

## **Other**

- NI Orienteering invited Jon Musgrave (MAROC) over to run a junior coaching weekend in December. This weekend was designed to be useful for both athletes and coaches and our own local coaches were involved in the coaching. The weekend included a Q&A session with Jon. To follow up from this weekend NI Orienteering sent Alan Elwood (LVO) over to Scotland to observe a MAROC coaching weekend. Alan is now in the process of applying MAROC's methods to his own junior development squad.
- In February NI invited Jackie Newton (BOF) and Bashir Hussain over to Northern Ireland to host a running coaching weekend suitable for both coaches and athletes.

## CPD Steering Group: NWOA Coaching Report – May 2014

### Summary:

CPD Log-books: In 2013 4 log-books were signed-off and so far in 2014 2 log-books have been signed-off. A number of licences have lapsed while some are in the process of being renewed, but probably not all will be. In Jan 2013, there were 44 licenced coaches in the regional, currently (May 2014) there appear to be only 18, with a few notable absentees.

This is possibly due to an error querying the database, or more likely the coach has either a lapsed DBS or first-aid certificate.

Qualifications: There have been very few requests for course information in the last 12 months, and possibly only one or two coaches have either newly qualified or moved from level 1 to level 2.

Lead coaches: There are 10 clubs plus an association in the region, only 6 of the clubs have a coaching contact.

Coaching activity: Most clubs with identified lead-coaches have coaching programmes run either using their own coaching resource or by buying-it in. The sessions target everyone from beginners to experienced, juniors to adults, TD1 to TD4/5, and appear to be well attended (10 to 20 participants). Some are linked to Saturday morning informal events. A number of club nights still occur across the region, and attendance appears to be similar to that of the coaching sessions. Individual club reports below.

The regional squad is maintaining its established coaching programme (approx. 1 w/e per month), and is attracting a few new coaches from NW clubs.

NW Coaching Conference: It was discussed at recent a CDM, & there appears to still be an appetite to hold it; one-day only.

*Jon Carberry  
NWOA Coaching Rep*

### Coaching Report PFO – Hamish Willis

At present we are running our weekly club night with 4 coaches available. Although the management of coaches remains the biggest challenge. Club night attracts both new and experienced Orienteers from the Rossendale area. In many ways it would be good if could have 2 club nights per week to increase our training and make it easier to separate the ages. We have from 7yrs old to 70 years old to deal with, and from advanced to beginners. Numbers range from 10 on a bad night to 20 with an average of 17.

Last summer we ran the 3rd of our summer camps for juniors although we won't be running one this year due to a Norway and the fact that I took 8 juniors for 6 days to the JK.

We recognise that we have been neglecting adult 'forest' training over the last few years so we are now going to address this with the setting up of a Development/Talent squad with will be open to PFO and SELOC adults and senior juniors. I will get this started and hope that other coaches will take over the 6 sessions we hope to run over the year to do some of the sessions.

We have concentrated on Participation Coaching over the last few years and we will continue to try and run outreach programmes as we have done in the past. Last summer we ran Map Mates in Rossendale which was an idea I got from an Australian club which was very successful in that over 3 days 18 juniors attended 3-off, 2 hour sessions at Marl Pits. We are going to repeat this again this summer. Gillian and I have also been doing a lot of Primary school work which is being funded by the funding that they have recently received from the government. This work has included the running of a TO1 in Rossendale with more

to follow and running sessions in primary schools. We concentrate on Rossendale as that is where Club Night is and all of our working coaches.

We have tried to improve the level of training by the use of Sportlyzer which has allowed coaches to provide programmes for people and monitor them on line. We are especially keen to get our juniors in to this as we are aware that they do not train effectively. I admit it is an uphill struggle but one we will pursue as in the long run it is the way forward in as sport where its members are so spread out. It can provide us with useful stats if only the juniors would fill it in.

The BRGS after school club is still running with number of around 15 each week.

Other projects, work.

I have been running a Sport England Funded project with uniformed youth group in Greater Manchester with the aim of getting Scouts Guides and Cadets more involved with Orienteering with 49 sessions done to date plus a TO1 and 2. Where I have done sessions it have been well received and in the long run I think we will see some benefit but there are still problems of perception with organisations like Scouts and getting them to events still proves a challenge.

I have also run 3 COLA courses in the south of the region for MDOC PFO and SELOC plus some none club members a total of 18 people. Although COLA is not strictly coaching I see it as the first step into coaching and does give an opportunity of especially younger Orienteers to get more involved with coaching.

## CONCERNS

There is now a major problem with dissemination of good practice and coaching ideas across the region and coaching development is now in a critical condition as far as I can see.

### Coaching Report BL – Isabel Berry

BL has run a series of five coaching sessions delivered by Derek Allison and open to both WCOC and BL members, TD4-5 between Jan and March which the NWOA supported with a grant of £500. BL also plans to deliver 3-4 informal sessions linked to our Saturday morning events over the summer aimed at beginners and up to TD3. These will be delivered by three of the UKCC L1 coaches in the club.

Feedback from the Derek Allison sessions was good and there is appetite for more coaching. The Committee will be investigating further options for TD4/5 coaching for the autumn.

### Coaching Report DEE – Richard Hill

Deeside doesn't have any registered coaches at the moment – though we continue to try to find candidates. Hence no coaching is taking place at present.

### Coaching Report SROC – Martyn Roome

The club runs coaching for junior and adult beginners, approx once a month from autumn through to the end of spring. This has been very popular with around 12 to 16 at each session. Because of this, a Junior Squad has been formed under the auspices of Julian Lailey. We expect that a number of the adult participants will be joining the club.

We are also offering a technical training session (courtesy of NWJS coaching) in May for those wanting to improve on TD5.

Physical coaching continues with a weekly club night at a secondary school gym.

## **SCOA ACR Report May 2014**

"The SCOA Coaching Officer has inspected six CPD logs from SCOA coaches and has recommended 4 of these to support licence extension to 2016. The other two logs were from coaches whose licence has already been previously extended to 2015 and their logs for their first year of the three year cycle showed that they were well on the way to meeting their CPD requirements.

Regular coaching activities are occurring at most of the SCOA clubs, both during club evening and week night activities and at events.

The SCOA junior squad remains active and had a weekend training in South Wales in February."

# Scottish Orienteering Association

## Report to Association Coaching Representatives

Meeting: 10<sup>th</sup> May 2014

### Coach Education & Development

With financial assistance from sportscotland, the SOA continue to be able to offer development days.

- A coach activity day was held at Glenmore in November where 11 coaches developed their understanding of running technique, especially uphill running.
- Following on from the coach activity days in 2013, at least one coach in each club has had the opportunity to be given a copy of the Athletics 365 book.
- Six coach CPD days are programmed for 2014. Two of these have already taken place; the first one was in Edinburgh, with the theme of 'Coaching for urban and sprint orienteering'; Murray Strain & Tessa Hill had an input to this day; the day was attended by 10 coaches. The second day was held in conjunction with a ScotJOS training weekend; the aim was mainly for coaches to gain experience coaching at this level. Apart from the ScotJOS coaches, 6 other coaches attended this day.
- Details of the other days are available at <http://www.scottish-orienteering.org/natcen/page/coach-cpd-days-for-2014>
- The SOA held an Activity Weekend for Volunteers at the end of September - coaching was very much part of this weekend with coaching relevant sessions on:
  - a) OCAD for training maps,
  - b) TD1 - 3 and TD 4 - 5 coaching opportunities,
  - c) Coaching Foundation course (see below for more details),
  - d) Use of Quickroute / 2D rerun / GPS analysis,
  - e) Mind techniques.

Resources for coaches, a page which is being continually developed, can be found at <http://www.scottish-orienteering.org/natcen/page/information-and-resources-for-coaches>

Hilary Quick and Lynne Walker continue to work on developing the '4x4 Coach Matrix' and aligning the coach & athlete pathways. This development is required by sportscotland, along with the completion of the Coach Action Plan which is tied into the 'Coaching Scotland Action Plan'.

### CPD logs

Details of Coach CPD logs submitted

Year	Logs submitted	Recommended licence for 3 years	Recommended licence for 1 year
2014	46	36	10
2013	16	13	3
2012	37	34	3

The 'Recommended licence for 1 year' was where the logs had insufficient evidence in one or all of the categories Knowledge, Training or Experience. The coach has been given guidance regarding the relevant area(s) and has been invited to resubmit after a year. Many of the coaches who submitted CPD logs commented on the fact that once they had sat down and completed their log it was actually not too onerous, it was more the thought of doing it which was the problem.

After many questions regarding the coach licence scheme, I wrote an article for the SOA website (in consultation with a solicitor!):

<http://www.scottish-orienteering.org/natcen/page/why-do-we-need-coach-licensing>

## Club coaching

Regular club activities continue to develop. There is a wide range of activities (e.g. some have a regular indoor meeting at a single location during the winter and move to outdoor locations for the lighter evening sessions while others continue to only have outdoor location meetings), tailored to suit the local situation of each club.

## Coach Education Courses

### UKCC L1 courses

- One course took place in July at Glenmore Lodge.
- Hilary Quick piloted a 'Foundation course' in September 2013. This was a day long (6 hours) and is outlined below.

Purpose and target audience: this one-day course is intended to equip competent orienteers with skills and understanding which will allow them to give an effective introduction to orienteering to beginners of any age, usually working under the guidance of a qualified coach, at a suitably safe area (type B as per BOF guidelines) or at a registered event.

#### Notes:

- NOT assessed (though feedback is integral to the course)
  - intended for existing orienteers
  - intended to enable later fast-track to UKCC L1 completion
- The learners went on to successfully complete UKCC L1 in March 2014. Many commented that they were unsure about coaching but the foundation course enabled them to find out what it was about and gave them confidence regarding their suitability as coaches.

### UKCC L2 course

- 8 candidates attended a UKCC L2 course at Glenmore Lodge in April / May 2013; 3 have successfully gained their UKCC L2 while 4 of the others should complete during 2014.
- The next UKCC L2 course is taking place in May / June 2014.

### Teaching Orienteering

These courses continue to be popular and are being run in all parts of the country.

### Tutor education

**sportscotland** currently offer an SQA Professional Development Award course for 'Sports education tutors'; more potential tutors who are interested in delivering Teaching Orienteering Part 1 are putting themselves forward for the course. One tutor has also almost completed the Assessor course, provided by **sportscotland** and awarded by the SQA.

Lynne Walker  
SOA Coaching Co-ordinator  
3rd May 2014

## **SWOA report to the BOF Association Coaching Organisers' meeting on 10 May 2014**

### **Licensed Coaches**

The numbers are varying year on year for several reasons. The principal reason is that licences get suspended if elements expire and I do not chase people up for renewals (First Aid etc). I also have a number of inactive coaches (some of whom still have licences), and at present there is no way to mark them as inactive. Overall I struggle to keep my records up to date (I have just discovered that I myself am not currently listed!). However, the good news is that a couple of clubs have increased the number of Licensed Coaches who work actively.

### **CPD and Coaching Logbooks**

2011 – 2 logbooks checked

2013 – 7 logbooks checked

2014 – 3 logbooks checked so far

In spite of numerous emails, I have only managed to muster 3 logbooks so far this year. However, one hopes that persistence will eventually pay off. SWOA coaches are struggling to keep up their Knowledge and Training (including myself).

### **Clubs**

BOK: there are regular training runs; a day of training on JK-type terrain was organised in March. Unfortunately there was no Ladies' Coaching Day this year due to JK commitments. A number of BOK juniors did well at the JK.

DEVON: the club have again qualified for the Yvette Baker Trophy Final. There are regular coaching programmes for juniors and occasional training days open to all. A number of DEVON juniors did well at the JK.

NGOC: the club intends to turn their Informal events back into Training events, and to make their Summer Series into Street Challenge which is more attractive to newcomers.

QO: the Junior Orienteering Group continues to be active. Unfortunately they don't attend many events outside Somerset but one hopes that might change as the youngsters get older.

SARUM: a good showing at the JK – Lucy Butt is a club member and in the Elite Development Squad. SWJOS is essentially run out of SARUM.

WIM / WSX: the clubs work together and put on a range of coaching activities; they have succeeded in increasing the number of their coaches this year.

Christine Vince, SWOA Coaching Representative

## **Wales Coaching Co-ordinator Report May 2014**

### **Club coaching:**

**MWOC** coaches help regularly with the Welsh Junior Squad coaching sessions and have some club coaching sessions planned for later in the year. They offer coaching for newcomers on an adhoc basis at all their local club events. They have run a Young Leaders course for Ceredigion County Council for secondary school youngsters to assist with the development of orienteering in the schools and are assisting with orienteering sessions run by the 5x60 officers. They ran a series of 6 introductory after school sessions at a primary school in Aberystwyth resulting in 5 new members joining the club and attending club events. They continue to run inter school competitions in Powys but find that although these are popular they do not result in increasing the club membership.

**SBOC** offer adhoc coaching at events for newcomers and plan to include more coaching elements in their winter fortnightly club nights. They are currently running 3 Intro to O sessions. Newcomers have an option to try a small course and/or have some coaching/training assistance from myself and other club members. The club hopes to hold its 'Going for Green' coaching day/weekend though the date has not yet been set.

**Eryri:** no coaching and the comment from the contact there is that she is already giving enough of her time to the club and does not want to get involved in anything more.

**SWOC:** no information received.

**Welsh Junior Squad** continues to provide high quality regular training for youngsters and has proved an effective route for nurturing and mentoring trainee coaches.

**L2 completions:** 3 out of 4 coaches have now completed their L2 qualification. The remaining person, although having completed 95% of the paperwork and done the practical assessment, has failed to provide the remaining necessary paperwork despite repeated reminders and has missed the deadline but is coaching in a school in England. He is a newly qualified teacher with excellent coaching skills but is one of those of those cases that show that the current L2 is overburdened with paperwork which has proved a barrier to completion.

**Coach training:** There have been no L1 or L2 courses in Wales while the current system is on hold and being reviewed.

Some clubs have indicated that they would like to increase the number of coaches but are finding it very difficult with limited manpower to service the current level of club and WOA commitment to events (Home internationals/JK/Croeso) let alone find people with the time and commitment to take on coaching as well.

Until the requirements/levels of the UKCC coaching qualifications are clarified I will work with the clubs to seek the best way forward to train more coaches.

### **CPD logs:**

Only 1 received this year 2014. 5 were reviewed in 2013.

### **Feedback on CPD log system.**

Although people feel it is in theory a good idea many coaches are not "spreadsheet" people – they have people skills! There is a general feeling among coaches in Wales that while they accept that we

should only licence those people that are active and up to date with current good practice that having to keep a detailed record with points targets is a step too far and proving to be a barrier.

*Helena Burrows*

*WOA Coaching rep.*